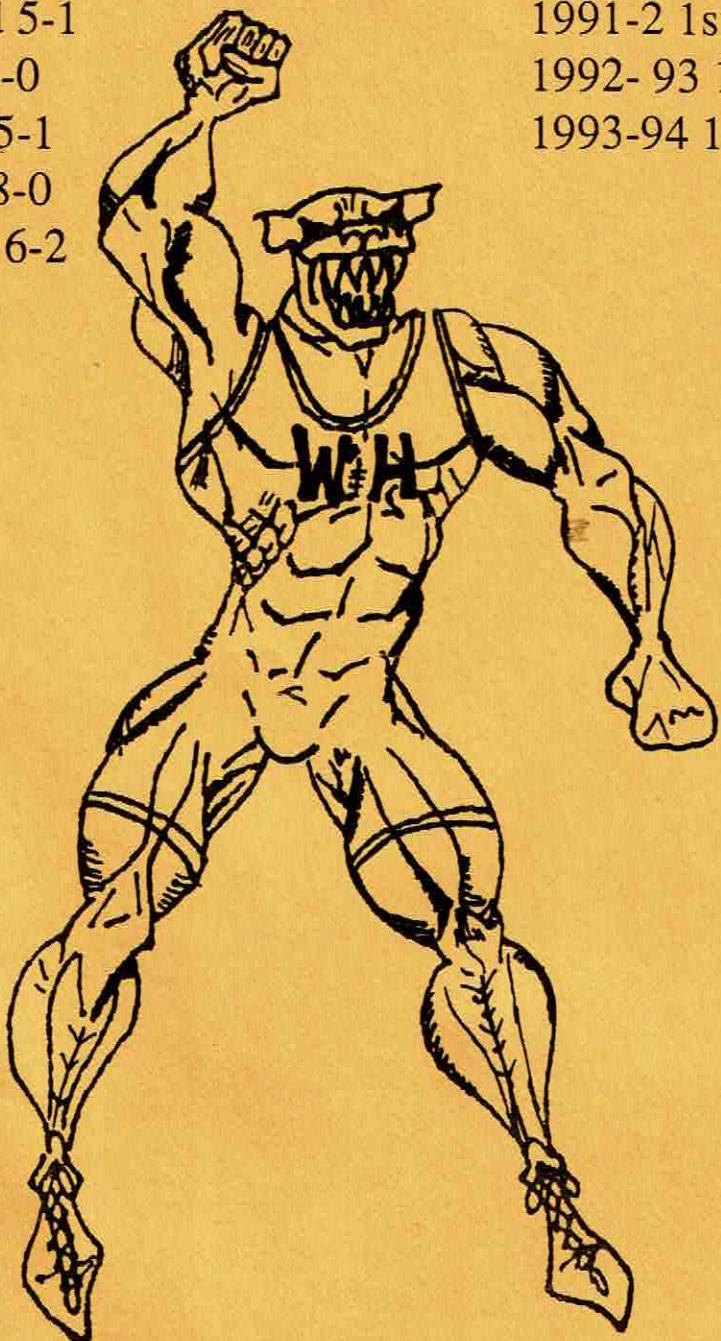


South Shore
League

1983-84 1st 6-0
1984 - 85 2nd 5-1
1985-86 1st 6-0
1986-87 2nd 5-1
1988- 89 1st 8-0
1989-90 2nd 6-2

Atlantic Coast
League

1990-91 2nd 4-1
1991-2 1st 5-0
1992- 93 1st 5-0
1993-94 1st 5-0



THURSDAY EVENING
APRIL 28, 1994

VFW HALL WHITMAN

1993 - 1994 PANTHER WRESTLING SEASON

Atlantic Coast League Champions

20 Wins - 0 Losses

W-H	66	vs.	12	Milton
W-H	51	vs.	18	B.C. High
W-H	45	vs.	21	Quincy
W-H	54	vs.	21	Duxbury
W-H	53	vs.	12	Dedham
W-H	62	vs.	10	King Philip
W-H	63	vs.	9	Marlboro

Framingham Holiday Classic - 4th Place of 17 Teams

W-H 44 vs. 22 Marshfield

Whitman-Hanson Invitational Tourney Champions

W-H	49	vs.	15	Somerset
W-H	60	vs.	15	Norwell
W-H	51	vs.	18	Silver Lake
W-H	41	vs.	26	Rockland
W-H	36	vs.	24	Bridge. - Raynham
W-H	72	vs.	6	Brockton
W-H	60	vs.	9	Stoughton
W-H	59	vs.	14	Middleboro
W-H	67	vs.	3	Hingham
W-H	42	vs.	17	Wayland
W-H	46	vs.	24	Milford
W-H	49	vs.	20	Randolph

Division II South Sectional Champions

Division II State Championships - 3rd Place

The Lament of a Wrestler's Mom

There's my son... so young and strong.
Surely doesn't seem so long
Since I rocked him in my arms,
So small and easily kept from harm.

Then one day he said, right out...
Wrestling's what it's all about!
I have to watch my weight.
All your goodies have to wait!

So, I thought... What can this be?
This wrestling that's replacing me.
Why, those wrestlers on TV,
They're as mean as they can be!

My poor son will be a wreck,
He'll hurt his knee or break his neck!
No! I thought... this mustn't be!
But did I say it? No... not me.

I fixed poached eggs and toast and meat,
and bit my lip when he'd retreat
From a table without a taste
Of that luscious cake, Dear! What a waste!

Then he'd come home with a long lean pole
with weights at each end. For it's his
goal to put on inches...
increase his strength
And as you know, I think it stretched
his length.

How the house would shake and quake
With each deep breath and lift he'd make
But did I holler... "Save the house!"
No, not me. I was as quiet as a mouse...

And how about this mate of mine?
This wrestler's Dad... Was he inclined
To back me up and say, "Enough!
This wrestling business is too tough!"
Oh, my, no... He'd sit and grin,
Puff out his chest when he looked at him,
And say to me as his eyes filled,
"That kid of ours has quite a build!"

So you see, I lost the fight.
And felt quite badly, until that night.
That night, his first time on the team.
I couldn't help but sit and beam!
To see him stand, all dressed and ready.
I'll admit, I didn't feel too steady.
My hands were wet, my heart was beating
Oh, please, I prayed, let time be fleeting.

The other fellow looked so tall.
He should be playing basketball!
The referee his whistle blew.
I couldn't look for I just knew
That some great dread calamity
Would soon descend and pinned he'd be.

But say, what's this? They gave him two.
(What it was for, I never knew.)
But my, he did quite well.
In fact, quite great to hear Dad tell.

Oh, the tension and the straining!
All the blood from my head is draining.
Six minutes long I agonized,
And shook my head in sheer surprise
When they raised his hand... it's
done... he's won!
HEY EVERYBODY... THAT'S MY SON!

Mrs. Paul (Connie) Krueger
St. James, Minnesota

1993 - 1994 PANTHER WRESTLING DUAL MEET STATISTICS:

TAKEDOWNS:

	PINS:	WON-LOST RECORDS:
41 Dynan	14 Dineen	20 - 0 Runci
30 King	12 Runci	19 - 1 Dineen
28 Runci	11 Coghlans	18 - 2 Dynan
27 Dineen	9 Dynan	17 - 1 J.J. Frisoli
18 Kain	9 J.J. Frisoli	17 - 1 King
18 Karalexis	9 Kain	16 - 2 Kain
15 Keane	9 Kerrigan	16 - 4 Coghlans
14 Sawatzky	9 King	13 - 3 Karalexis
11 Coghlans	8 Sawatzky	13 - 3 Kerrigan
10 J.J. Frisoli	6 Karalexis	11 - 4 Sawatzky
9 Kerrigan	6 O'Brien	9 - 9 O'Brien
7 C. Frisoli	3 Pittsley	6 - 4 Keane
5 O'Brien	2 Finn	5 - 7 C. Frisoli
5 Pittsley	2 C. Frisoli	4 - 2 Kailher
4 Kailher	2 Kailher	3 - 4 Finn
3 Finn	2 Keane	3 - 4 Pittsley
2 Lozeau	2 Lozeau	2 - 2 Lozeau
2 Milligan	1 Milligan	1 - 0 Park
2 Lyons		1 - 1 Byrne
<hr/> 251 TAKEDOWNS		116 PINS
<hr/> vs.		vs.
36 Opponents		36 Opponents
129 Opponents		

ATLANTIC COAST LEAGUE

ALL-STARS:

103 lbs. - Ryan Kerrigan	112 lbs. - Shawn Kain
119 lbs. - Josh Dineen	
130 lbs. - Eric Runci	
140 lbs. - Matt Sawatzky	
145 lbs. - Brien King	
152 lbs. - Sean Dynan	
189 lbs. - J.J. Frisoli	
Heavywt. - Mike Coghlans	

196-64 RECORD

196-64 RECORD

TEAM POINTS/MEET AVERAGE:

5.500 J.J. Frisoli	5.450 Eric Runci
5.200 Josh Dineen	5.000 Brien King
5.000 Mike Coghlans	4.800 Ryan Kerrigan
4.750 Sean Dynan	4.722 Shawn Kain
4.450 Alex Karalexis	4.063 Jeff Kailher
4.000 Matt Sawatzky	3.867 Matt Pittsley
3.700 John Keane	2.700 John Keane
2.667 Dave O'Brien	2.571 Tom Finn
2.571 Matt Pittsley	2.333 Chris Frisoli
2.200 Chad Lyons	1.200 Chad Lyons

4.115 POINTS/MEET

4.115 POINTS/MEET

1.215 Opponents	1.215 Opponents

AVERAGE DUAL MEET SCORE:

Whitman - Hanson	53.50
Opponents	15.80

1993-94 DUAL MEET RECORD:

20 Wins - 0 Losses

PASTEST PIN OF THE YEAR:

Josh Dineen - :10

BOSTON GLOBE RATINGS:

#1 - Division II South

ATLANTIC COAST LEAGUE STANDINGS:

Whitman-Hanson	5 - 0
Marshfield	4 - 1
Duxbury	2 - 3
Hingham	2 - 3
Middleboro	2 - 3
Randolph	0 - 5

1993 - 1994 PANTHER WRESTLING TOURNAMENT STATISTICS:

TAKEDOWNS:

	PINS:	WON-LOSS RECORDS:	TEAM POINTS:
47 Runci	9 Dineen	20 - 4 Runci	91 Runci
30 Dynan	7 Karalexis	15 - 6 Dynan	59 Kerrigan
24 King	7 King	13 - 2 Kerrigan	57 Dineen
17 Kerrigan	7 Runci	12 - 7 Kain	54 King
15 C. Frisoli	6 Sawatzky	11 - 5 King	53 Dynan
14 Sawatzky	5 Kain	10 - 4 Karalexis	52 Kain
13 Kain	5 Kerrigan	10 - 6 Dineen	51 Karalexis
10 Karalexis	4 Coghlan	10 - 6 Sawatzky	48 Sawatzky
10 O'Brien	3 Kailher	7 - 4 C. Frisoli	30 Coghlan
8 Dineen	3 O'Brien	5 - 6 Coghlan	30 C. Frisoli
8 Keane	2 Dynan	4 - 2 Kailher	21 Kailher
6 Coghlan	2 C. Frisoli	4 - 4 J.J. Frisoli	21 O'Brien
6 Kailher	2 J.J. Frisoli	4 - 6 O'Brien	18 J.J. Frisoli
3 J.J. Frisoli	1 Keane	2 - 4 Keane	9 Keane
1 Finn	0 Finn	0 - 2 Finn	0 Finn
0 Lyons	0 Lyons	0 - 2 Lyons	0 Lyons
212 TAKEDOWNS	63 PINS	127 - 70 RECORD	594 POINTS
vs.	vs.	vs.	vs.
164 Opponents	23 Opponents	301 Opponents	1.528 Opponents

POINTS/MEET AVERAGE:

47 Runci	9 Dineen	20 - 4 Runci	91 Runci	3.933 Ryan Kerrigan
30 Dynan	7 Karalexis	15 - 6 Dynan	59 Kerrigan	3.792 Eric Runci
24 King	7 King	13 - 2 Kerrigan	57 Dineen	3.643 Alex Karalexis
17 Kerrigan	7 Runci	12 - 7 Kain	54 King	3.563 Josh Dineen
15 C. Frisoli	6 Sawatzky	11 - 5 King	53 Dynan	3.500 Jeff Kailher
14 Sawatzky	5 Kain	10 - 4 Karalexis	52 Kain	3.375 Brien King
13 Kain	5 Kerrigan	10 - 6 Dineen	51 Karalexis	3.000 Matt Sawatzky
10 Karalexis	4 Coghlan	10 - 6 Sawatzky	48 Sawatzky	2.737 Shawn Kain
10 O'Brien	3 Kailher	7 - 4 C. Frisoli	30 Coghlan	2.727 Mike Coghlan
8 Dineen	3 O'Brien	5 - 6 Coghlan	30 C. Frisoli	2.727 Chris Frisoli
8 Keane	2 Dynan	4 - 2 Kailher	21 Kailher	2.524 Sean Dynan
6 Coghlan	2 C. Frisoli	4 - 4 J.J. Frisoli	21 O'Brien	2.250 J.J. Frisoli
6 Kailher	2 J.J. Frisoli	4 - 6 O'Brien	18 J.J. Frisoli	2.100 Dave O'Brien
3 J.J. Frisoli	1 Keane	2 - 4 Keane	9 Keane	1.500 John Keane
1 Finn	0 Finn	0 - 2 Finn	0 Finn	0.000 Tom Finn
0 Lyons	0 Lyons	0 - 2 Lyons	0 Lyons	0.000 Chad Lyons
				3.015 POINTS/MEET AVE.:
			vs.	1.528 Opponents

FRAMINGHAM HOLIDAY CLASSIC:	1st - 103 lbs. Kerrigan	DIVISION II	1st - 103 lbs. Kerrigan
	1st - 130 lbs. Runci	SOUTH	1st - 112 lbs. Kain
	3rd - 140 lbs. Sawatzky	SECTIONALS:	1st - 130 lbs. Runci
	4th - 119 lbs. Dineen		1st - 145 lbs. King
	4th - 152 lbs. Dynan		1st - 160 lbs. Karalexis
	5th - 112 lbs. Kailher		2nd - 140 lbs. Sawatzky
Team	5th - 160 lbs. Karalexis		2nd - 189 lbs. J.J. Frisoli
4th Place	5th - 145 lbs. King	Team	3rd - 119 lbs. Dineen
of 17 Teams	6th - 145 lbs. King	1st Place	3rd - 152 lbs. Dynan
		of 11 Teams	3rd - 171 lbs. C. Frisoli
			4th - 125 lbs. O'Brien
			5th - Heavywt. Coghlan
			6th - 135 lbs. Keane

WHITMAN-HANSON INVITATION TOURNAMENT	1st - 103 lbs. Kerrigan	DIVISION II	1st - 130 lbs. Runci
	1st - 112 lbs. Kain	STATES:	1st - 152 lbs. Dynan
	1st - 130 lbs. Runci	Team	3rd - 145 lbs. King
	1st - 152 lbs. Dynan	3rd Place	4th - 112 lbs. Kain
Team	2nd - 145 lbs. King	of 10 Teams	5th - 103 lbs. Kerrigan
1st Place	2nd - 189 lbs. Frisoli		
of 10 Teams	3rd - 171 lbs. C. Frisoli		

ALL-STATE TOURNAMENT:	4th - 130 lbs. Runci	NEW ENGLAND WRESTLING
	5th - 152 lbs. Dynan	4th - 130 lbs. Runci
	8th - 112 lbs. Kain	

WHITMAN-HANSON PANTHER WRESTLING "THROUGH THE YEARS"

<u>SEASON:</u>	<u>COACHES:</u>	<u>CAPTAINS:</u>	<u>WON-LOSS RECORD/TEAM ACHIEVEMENTS:</u>
1977-78	Ron Brown Pete Leverone	None - J.V. Schedule Only	5 - 5 (J.V. Competition Only)
1978-79	Ron Brown Pete Leverone	Gary Rabinovitz	2 - 11
1979-80	Ron Brown Bob Gay	Fred Rabinovitz Kevin Lyon	8 - 5
1980-81	Ron Brown Bob Gay	Dave Hamelin	11 - 6
1981-82	Ron Brown Bob Gay	Chris Holmes Dave Lewis Scott McCormack	12 - 5
1982-83	Ron Brown Bob Gay	Bob Giuliani	9 - 7
1983-84	Ron Brown Bob Gay	Steve Wright	16 - 1 SOUTH SHORE LEAGUE CHAMPS NORWELL TOURNEY CHAMPIONS
1984-85	Ron Brown Dave Lewis	Chris Giuliani Larry Newcombe	14 - 2
1985-86	Bob Gay Paul Holmes	Chris Colclough Craig McCormack	11 - 6 SOUTH SHORE LEAGUE CHAMPS
1986-87	Bob Gay Paul Holmes	Chris Colclough Brian Wright	14 - 4 KEEFE TECH TOURNEY CHAMPS
1987-88	Bob Gay	Kevin Broderick Brian Wright	13-4-1 DIV. II SOUTH SECT. CHAMPS DIV. II STATES - 6TH PLACE
1988-89	Bob Gay Gary Rabinovitz	Don Conway Bill Marcolini	18 - 3 SOUTH SHORE LEAGUE CHAMPS FRAM. NORTH TRNY. FINALIST DIV. II SOUTH SECT. FINALIST
1989-90	Bob Gay Kevin Broderick	Brian Cayon Jason Dineen	14 - 8 DIV. II STATES - 7TH PLACE
1990-91	Bob Gay Kevin Broderick	Dave Armstrong Matt Krebs	15 - 5
1991-92	Bob Gay Dave Armstrong	Brian DeSantes Marshall Higgins	20 - 2 ATLANTIC COAST LEAGUE CHAMPS
1992-93	Bob Gay Kevin Broderick	Jeff Cordeiro Jeff Flynn	21 - 2 ATLANTIC COAST LEAGUE CHAMPS W-H INVITATIONAL CHAMPIONS FRAM. TOURNEY FINALIST DIV. II STATES - 11TH PLACE
1993-94	Bob Gay Dale Smith	Sean Dynan Brien King Eric Runci	20 - 0 ATLANTIC COAST LEAGUE CHAMPS W-H INVITATIONAL CHAMPIONS DIV. II SOUTH SECT. CHAMPS DIV. II STATES - 3RD PLACE
CAREER DUAL MEET VARSITY RECORD		218 - 71 - 1 (75.34% WINNING)	
Coach Ron Brown	72 - 37	(66.06% WINNING)	
Coach Bob Gay	146 - 34 - 1	(80.94% WINNING)	

THE BEST OF THE PANTHERS

SECTIONAL CHAMPIONS:

Steve Wright	100	lbs.	-	1982-83
Bob Giuliani	169	lbs.	-	1982-83
Steve Wright	107	lbs.	-	1983-84
Chris Giuliani	169	lbs.	-	1984-85
Brian Wright	100	lbs.	-	1985-86
Kevin Broderick	140	lbs.	-	1986-87
Chris Colclough	Heavywt.		-	1986-87
Kevin Broderick	145	lbs.	-	1987-88
Dale Smith	152	lbs.	-	1987-88
Chris Hoffman	189	lbs.	-	1987-88
Jason Dineen	145	lbs.	-	1989-90
Steve Newcomb	152	lbs.	-	1989-90
Matt Krebs	112	lbs.	-	1990-91
Brian DeSantes	112	lbs.	-	1991-92
Jeff Cordeiro	119	lbs.	-	1992-93
Steve Makein	189	lbs.	-	1992-93
Ryan Kerrigan	103	lbs.	-	1993-94
Shawn Kain	112	lbs.	-	1993-94
Eric Runci	130	lbs.	-	1993-94
Brien King	145	lbs.	-	1993-94
Alex Karalexis	160	lbs.	-	1993-94

STATE PLACE WINNERS:

1st - Kevin Broderick	1987-88
1st - Sean Dynan	1993-94
1st - Matt Krebs	1990-91
1st - Eric Runci	1993-94
1st - Steve Wright	1983-84
2nd - Brian Cayon	1989-90
2nd - Jeff Cordeiro	1992-93
2nd - Brian DeSantes	1991-92
2nd - Jason Dineen	1989-90
2nd - Bob Giuliani	1982-83
3rd - Chris Colclough	1986-87
3rd - Prescott Hobson	1987-88
3rd - Brien King	1993-94
3rd - Matt Krebs	1989-90
3rd - Dan McNamara	1984-85
4th - Shawn Kain	1993-94
4th - Dave Lewis	1981-82
4th - Dale Smith	1987-88
5th - Adam Angley	1984-85
5th - Jason Dineen	1988-89
5th - Bernie Gilmetti	1992-93
5th - Prescott Hobson	1986-87
5th - Ryan Kerrigan	1993-94
5th - Steve Newcomb	1989-90
6th - Chris Colclough	1985-86
6th - Don Conway	1987-88
6th - Josh Dineen	1992-93
6th - Steve Makein	1992-93
6th - Steve Newcomb	1988-89
6th - Vinny Savill	1982-83
6th - Steve Wright	1982-83

SECTIONAL MOST PINS/LEAST TIME AWARD:

Jason Dineen	145	lbs.	-	1989-90
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SECTIONAL OUTSTANDING WRESTLERS:

Chris Colclough	Heavywt.	-	1986-87	
Dale Smith	152	lbs.	-	1987-88
Eric Runci	130	lbs.	-	1993-94

ALL-STATE PLACE WINNERS:

4th - Eric Runci	1993-94
5th - Sean Dynan	1993-94
8th - Shawn Kain	1993-94

NEW ENGLAND PLACE WINNERS:

3rd - Matt Krebs	1990-91	(R.I.)
4th - Eric Runci	1993-94	(VT.)
6th - Brian Cayon	1989-90	(VT.)
6th - Jeff Cordeiro	1992-93	(MA.)

NATIONAL CHAMPIONSHIPS:

Jeff Cordeiro	1992-93	(Pittsburgh, PA.)
Sean Dynan	1993-94	(Pittsburgh, PA.)
Eric Runci	1993-94	(Pittsburgh, PA.)

THE BEST OF THE PANTHERS

AWARDS

MOST VALUABLE PLAYERS:

1978-79	Gary Rabinovitz
1979-80	Fred Rabinovitz
1980-81	Dave Lewis & Scott McCormack
1981-82	Chris Holmes
1982-83	Bob Giuliani
1983-84	Steve Wright
1984-85	Dan McNamara
1985-86	Chris Colclough
1986-87	Chris Colclough
1987-88	Kevin Broderick
1988-89	Wally MacKinnon
1989-90	Jason Dineen
1990-91	Matt Krebs
1991-92	Brian DeSantes
1992-93	Jeff Cordeiro
1993-94	To Be Announced

COACH'S AWARD:

1987-88	Brian Wright
1988-89	Tim Byrne
1989-90	Brian Cayon
1990-91	Dave Armstrong
1991-92	Boyd Hobson
1992-93	Steve Gatulis
1993-94	To Be Announced

W-H GOOD SPORTSMANSHIP AWARD:

1988-89	Jeff Perkins, Rockland H.S.
1989-90	Bill Counihan, Dedham H.S.
1990-91	Doug Maier, M.I.W.C.A. Pres.
1991-92	Kevin Farrell, Carver H.S.
1992-93	Bill White, Wrestling Official
1993-94	Eric "Rick" Moyer, Wayland H.S.

SPECIAL RECOGNITION AWARD:

1992-93 Steve Makein

BOSTON MEDIA RECOGNITION:

1987-88	Kevin Broderick, <u>Boston Globe</u> 2nd Team
1990-91	Matt Krebs, <u>Boston Herald</u> 1st Team
1990-91	Matt Krebs, <u>Boston Globe</u> 2nd Team
1993-94	Eric Runci, <u>Boston Globe</u> 2nd Team
1993-94	Bob Gay, <u>Boston Globe</u> Division II Coach of the Year